

Emotional Intelligence for Learning & Development Professionals

from Six Seconds, the global leader in EQ

Emotions Drive People

People Drive Performance



Leading businesses using Six Seconds methods and tools to create significant value

6sec.org/case



amazon.com

supporting managers
to lead people



STARWOOD
HOTELS & RESORTS WORLDWIDE, INC.

enhancing the climate to
boost customer loyalty



FedEx®

building leadership bench
for the next generation



Lilly

selecting talent to
improve sales



HSBC

equipping middle
managers to build culture



ROI: Research shows the business case for increasing EQ is substantial

Komatsu

9.4% increase in plant productivity.

In three months of integrating EQ to increase vitality, engagement doubled. 6sec.org/komatsu

FedEx

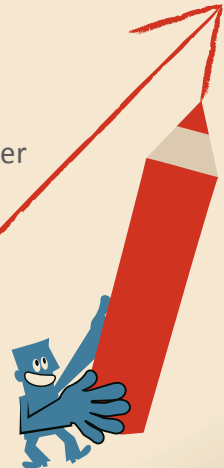
59.8% of leadership performance predicted by EQ.

New managers increased EQ by 12% yielding dramatic improvements in effectiveness. 6sec.org/fedex

Amadori

76% of employee engagement predicted by EQ.

Higher EQ managers have a more committed workforce and drop turnover by 63%. 6sec.org/amadori



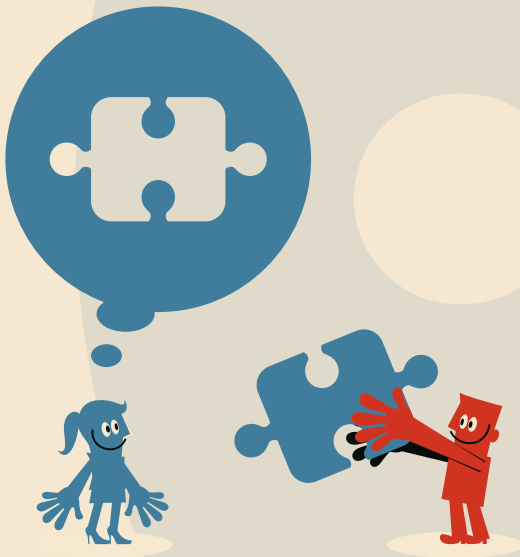
What do your colleagues say?

I considered many EQ certification programs — this is the only one that promised a process I could use and adapt rather than just a script to follow. It delivered far more than promised. The course challenges you to grow and creates both commitment and resources.

Jodie Minor, Training Director, Deluxe

Probably the best training course I have ever attended in 25 years of business.

James Dewar, Director, RMD Kwikform



100 more testimonials from L&D professionals: 6sec.org/testimonials

Six Seconds is the global emotional intelligence network

6sec.org/about

The EQ Network includes thousands of changemakers supported by offices and representatives in 25 countries. We're the first and largest org dedicated to EQ. Six Seconds is a nonprofit organization with a big vision:

We're working toward one billion people practicing emotional intelligence.

Join us.



Contact: staff@6seconds.org 6sec.org/connect

Why Six Seconds?

6sec.org/about

Scientific

Pioneers in emotional intelligence.

Est. in 1997 after 30 years of history. Serious approach so you have the confidence of robust science.

Practical

Simple and profound.

Access tools and methods that “just make sense” so your programs work.

Global

Largest global network.

Partner with the worldwide network of EQ practitioners for solutions that work everywhere.

“This program enables me to apply the tools and learning with immediate effect. The learnings can be applied to self, at work and to my social network circle at large.”

Callister Koh, Chief Human Capital Officer, Tecom Investments



How L&D professionals use Six Seconds

Certification

Learn the methodology to create value with emotional intelligence - from basics to mastery.

Tools

Assess organizational vitality. Measure EQ. Support people to develop competency.

Expertise

Join the global EQ community to collaborate with fellow changemakers, access the latest data, and be part of the movement.



How L&D builds value with EQ

Emotional intelligence helps you do your job by bringing the awareness and skills that enable your people to do a better job with people. EQ “gets to the heart of the matter” providing learnable, measurable skills to drive performance and positive change.

Training

Strengthen performance.

Integrate emotional intelligence to “supercharge” learning programs such as communication, service, sales, teambuilding or change.

Leadership

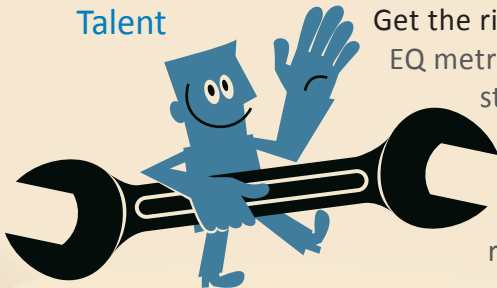
Improve people leadership.

Equip managers to strengthen their leadership presence and understand how to work with and through others.

Talent

Get the right people in the right place.

EQ metrics and capabilities strengthen the talent lifecycle, from recruitment, selection, onboarding through to retaining great talent.



Certification

6sec.org/cert

Six Seconds offers a complete range of training and certification – making it easy to start and then to develop increasing expertise. Courses include:

EQPC Emotional Intelligence PRACTITIONER CERTIFICATION

How do I put EQ into action? How can I practice and use it in my life and work?
In-depth program on Six Seconds' methodology equips you with a toolbox to practice and share emotional intelligence to support transformation.

VSCC Vital Signs CONSULTANT CERTIFICATION

How do you frame the organizational need for EQ?
Learn the Vital Signs assessments and framework to assess leadership, team, and organizational vitality. In-person or distance.

EQAC Emotional Intelligence ASSESSOR CERTIFICATION

How do you measure EQ to make it actionable?
Learn the full SEI toolset providing a full range of tools to assess emotional intelligence and create a roadmap for development.

A best-in-class process to bring EQ concepts to life.

Cynthia Ng, SVP Learning and Development HSBC

Certification *continued*

EQAT Emotional Intelligence TRAINER CERTIFICATION

How do you more fully use the learning methodology?

A deep-dive for those who want to develop and deliver programs using Six Seconds' learning methodology, this course takes facilitation and speaking to the next level.



EQCC Emotional Intelligence COACH CERTIFICATION

How do you coach and build coaching interventions?

A full-blown coach certification on the International Coach Federation competencies supercharged with neuroscience and Six Seconds' emotional intelligence tools and methods.

Accreditations include:

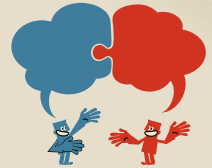


American Institute of
Business Psychology

Brilliant program. I would recommend for all trainers, coaches and biz leaders to gain insight and practice techniques to drive great performance and results.
Vidhi Saxena, L & D Manager, Emaar

Brain Profiles: EQ Orientation

6sec.org/brain



Data Mining



Modeling



Prioritizing



Connection



Emotional Insight



Collaboration



Reflection



Adaptability



Critical Thinking



Resilience



Risk Tolerance



Imagination



Proactivity



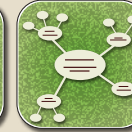
Commitment



Problem Solving



Vision



Design



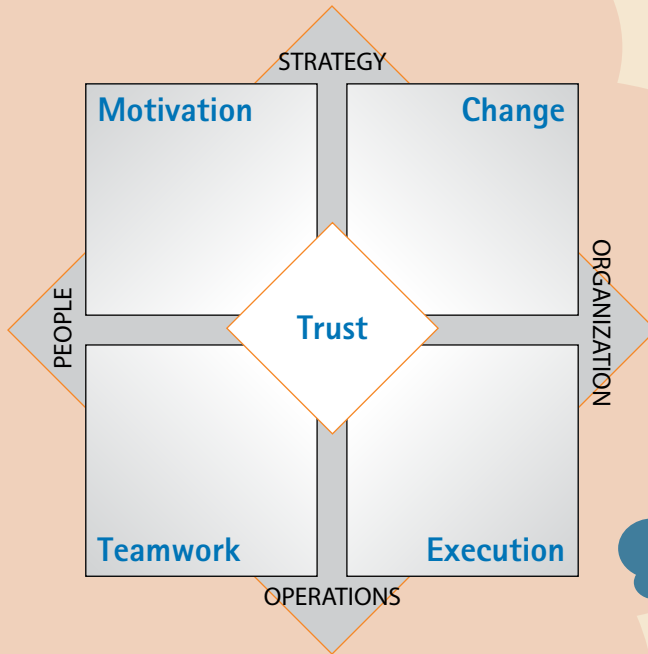
Entrepreneurship

Profound insight about the brain, how people work, and emotional intelligence in just one page. Ideal for training, managers-as-coaches, selection, onboarding, and building an actionable intro to EQ.

Brain Style. Brain Talents. Brain Discovery. Group Dashboard.

Vital Signs: Organizational Performance

6sec.org/vs



Measure the five drivers of organizational vitality in a simple, compelling structure that makes business sense. Individual leaders. Teams. Whole organizations. Ideal for gaining buy-in and benchmarking change.

SEI: Emotional Intelligence

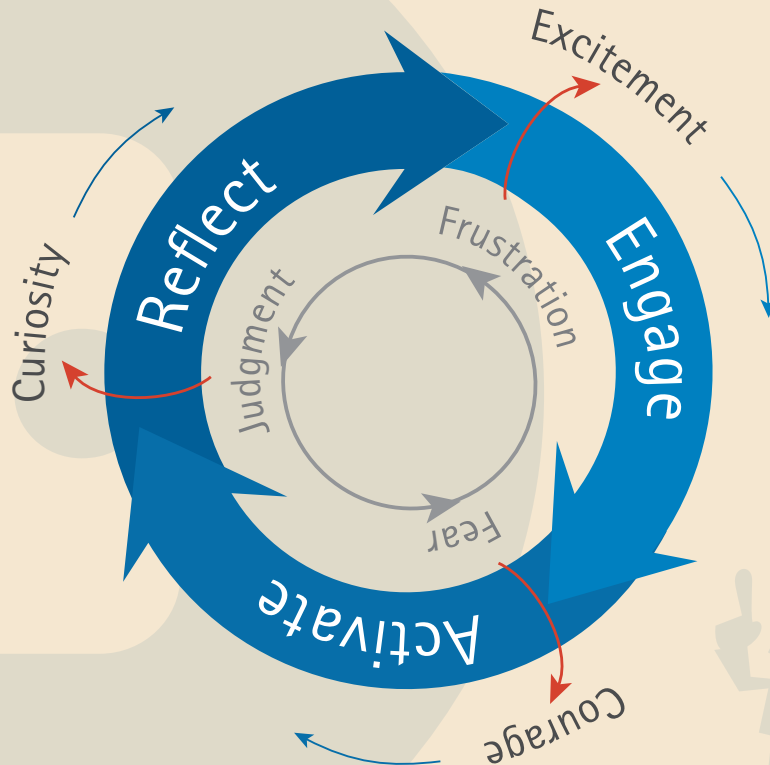
6sec.org/sei



A process-framework for putting emotional intelligence into action. Measure eight competencies plus key success factors: Effectiveness, Relationships, Quality of Life, Wellbeing. Ideal for coaching and in-depth training.

Change MAP: Organizing Structure

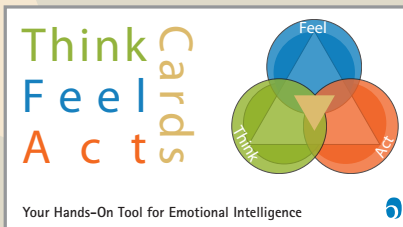
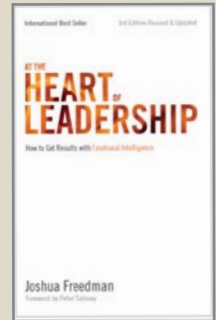
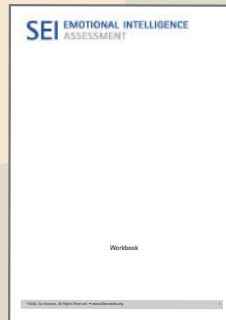
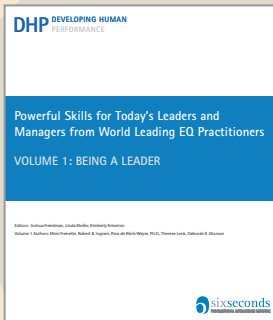
6sec.org/change



Practitioners use the Change MAP to structure learning, coaching, and consulting as a transformational process. It's one of the keys that makes the Six Seconds' methodology so effective.

Support Materials

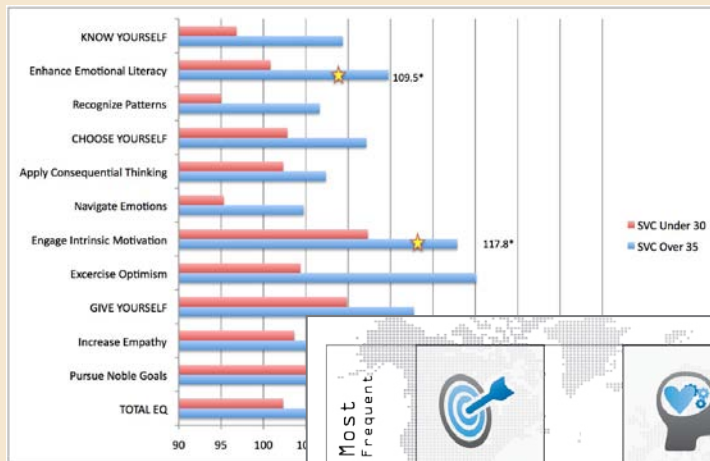
6sec.org/store



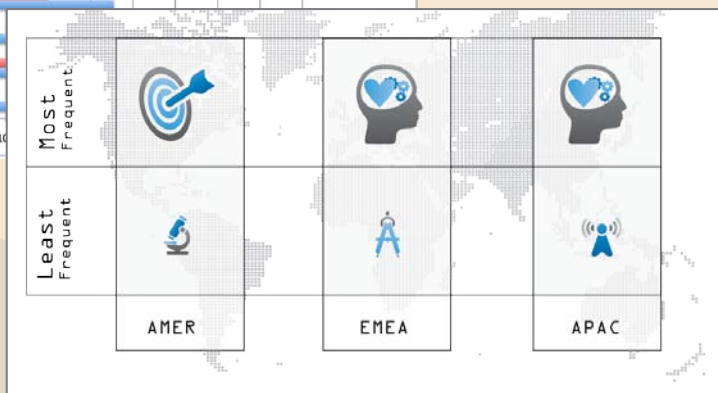
Extensive online library of content, plus over 100 hours of published training curricula, four books, numerous hands on tools. Jump in with the practical “Foundations of Performance” and go further and deeper to fully integrate emotional intelligence into organizational culture.

Custom Research

6sec.org/dna

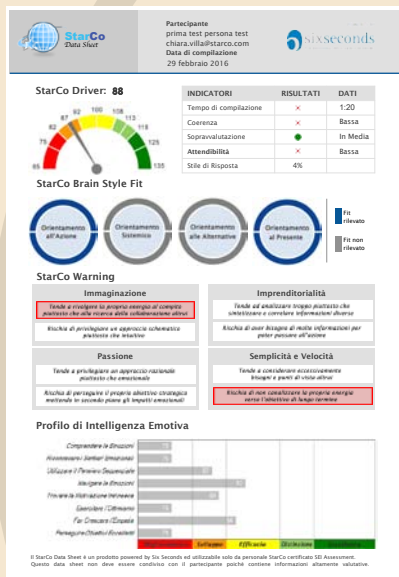


6sec.org/soh



Six Seconds' practitioners have access to an advanced research team to develop advanced analysis like the "DNA Profile" or "Company-Specific State of the Heart." These test the ROI for EQ in a specific organization, show employee branding, improve selection and focus development.

Integrating to Corporate Logic



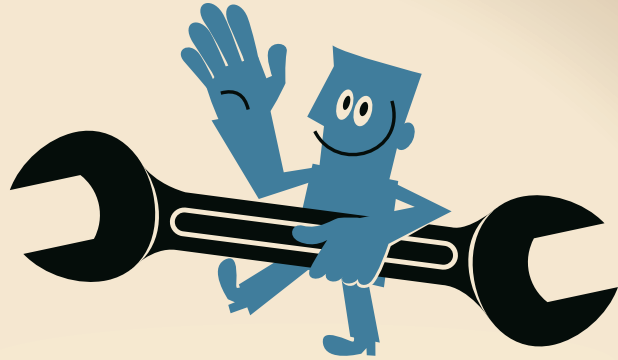
These samples are custom visualizations of Six Seconds' tools "translated" to the language of a specific organization. This puts EQ into the context of the business.



In partnership with MGMTLAB.eu, the world's preeminent research center for people-centered performance, we're able to map EQ competencies to specific organizational needs to create advanced people-metrics.

Using a proprietary API, our in-house IT team can support integration into corporate intranet platforms for a seamless employee experience.

Powerful tools +
great people =
Let's go!



Contact: staff@6seconds.org 6sec.org/connect

©2016 Six Seconds, All rights reserved